

## BREAKFAST (Available all day)



All sandwiches are available on gluten-free bread +2

**AVOCADO TOAST** Toasted ciabatta topped with fresh avocado, arugula, marinated tomato, sliced radish, red onion, drizzled with extra virgin olive oil and fresh lemon juice **11**

**\*SOUTHWEST BREAKFAST SANDWICH**  
Egg, bacon, tomato, cheddar cheese and aioli on jalapeno bread **9**

**\*CLASSIC EGG AND CHEESE SANDWICH**  
Egg, cheddar and aioli on a Brioche bun **7**

**\*SMOTHERED BURRITO** Eggs, potatoes and cheddar smothered in vegetarian green chile, lettuce, pico de gallo and sour cream **10** | Add spicy chorizo +2

**FRENCH TOAST** With powdered sugar and maple syrup **12** NOT available gluten-free

**FRESH FRUIT SALAD** Mixed seasonal fruit **5**

**FRUIT AND YOGURT PARFAIT** Fresh strawberries or blueberries and lowfat vanilla yogurt with gluten-free granola and dried cranberry **8**

**\*PALEO BOWL** Scrambled eggs, sweet plantains, chorizo, green chili, pico de gallo **10**  
Add avocado +2

## APPETIZERS

**SWEET PLANTAINS** Served with spicy mango chutney and sour cream **8**

**\*AHI TUNA LETTUCE WRAP** Ahi tuna seared rare, avocado, crushed peanuts, scallions, cilantro and carrots served with bib lettuce and a side of Ponzu & Donna Sauce **13**

**CHARRED BRUSSEL SPROUTS** Tossed in lemon, madras spice and Parmesan cheese **9**

## SALADS | SOUP



All salads are gluten-free

Salad Dressings: Ranch, Chipotle Ranch, Blue Cheese, Honey Mustard, Orange Balsamic Vinaigrette, Soy Ginger, Ponzu and Donna Sauce

**COBB SALAD** Mixed greens, chicken, bacon, avocado, cucumber, tomato, egg and blue cheese crumbles with ranch dressing **12**

**MANGO CHICKEN SALAD** Mixed greens, chicken, almonds, cranberries, goat cheese and mango salsa with orange balsamic vinaigrette **12**

**SOUTHWEST CHICKEN SALAD** Romaine lettuce, chopped chicken, avocado, jalapeños, corn salsa (corn, black beans, onion, tomato), tomato, cheddar w/ chipotle ranch **12**

**PEANUT SESAME SALAD** Napa cabbage, chicken, snow peas, carrots, romaine lettuce, Mandarin oranges, avocado, peanuts, sesame seeds, cilantro & crispy tortilla strips with Soy ginger dressing **11**

**\*AHI TUNA SALAD** Power greens, rare seared ahi tuna with avocado, strawberries, red onion, green onion with Donna Sauce **16**

## SOUP OF THE DAY

**FRESH AND HEARTY SOUPS** Cup **5** | Bowl **7**

Ask your server if soup of the day is gluten-free

## FLATBREAD PIZZAS



All flatbread are available on gluten-free crust +2

### BUILD YOUR OWN PIZZA

Slice **7.50** | Whole **15** | Toppings **1.50 ea**

Pepperoni | Red Onions | Chorizo | Mozzarella Cheese | Grilled Chicken

## SANDWICHES

All sandwiches served with fries. Substitute sweet potato fries or mixed greens for \$2



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**UDI'S FAMOUS ROAST BEEF SANDWICH** Slow-roasted beef, caramelized onion, aged Gouda cheese, aioli on ciabatta bread **13**

**CHICKEN BASIL CLUB** Roasted chicken, roasted red peppers, pesto, bacon, aioli and Swiss cheese on ciabatta bread **13**

**CUBAN SANDWICH** Ham, braised pork, pickles, Swiss cheese, mustard and aioli on rustico bread **13**

**BLTA** Bacon, lettuce, tomato, avocado, chipotle aioli on ciabatta bread **10**

## PITA SANDWICH OR BOWL



Available on Udi's gluten-free bread +2  
Add feta cheese +1

**GYRO** Traditional shaved lamb and beef with sava salad, fresh herbs, romaine with garlic yogurt sauce **12**

**CHICKEN SHAWARMA** 21 spice roasted chicken, fresh herbs, sava salad and tahini sauce **11**

**FALAFEL** Fresh falafel with, spicy mango chutney, sava salad, fresh herbs and tahini sauce **13**

## BURGERS

All burgers served with fries. Substitute sweet fries or mixed greens for \$2



All burgers are available on Udi's gluten-free bread +2

**\*CLASSIC** Cooked to medium, on a brioche bun with lettuce, tomato, pickles, and red onion **14.50**

**\*AHI TUNA BURGER** Seared rare tuna filet with cucumber, red onion, greens and wasabi aioli **15.50**

**VEGGIE BURGER** Chipotle aioli, lettuce, tomato, pickles and red onion **11**

**ADD ON TO ANY BURGER: +2**

Bacon | Cheese | Avocado | Caramelized Onion

## DESSERTS

**CHOCOLATE MOUSSE** Layers of chocolate mousse, crushed Oreo cookies and topped with whipped cream and cookie crumbles **7**

**BUTTERSCOTCH BUDDINO** Butterscotch pudding on peanut brittle, topped with fresh caramel sauce and whipped cream **7**

**CHOCOLATE BROWNIE** A fresh chocolate brownie topped with a chocolate sauce and whipped cream **11**

# ALCOHOLIC DRINKS AVAILABLE TO GO

ETAI'S DOES NOT ACCEPT VERTICAL I.D.s WE APOLOGIZE FOR THE INCONVENIENCE.

## WHITE

	Description	6oz	9oz
<b>SEAGLASS CHARDONNAY</b>	green apple and zesty citrus	8	12
<b>OYSTER BAY SAUVIGNON BLANC</b>	passion fruit, citrus and gooseberry	10	15
<b>J ROGET CHAMPAGNE</b>	medium-dry with crisp fruit flavors	9	

## RED

	Description	6oz	9oz
<b>SEAGLASS CABERNET SAUVIGNON</b>	black plum, cherry and spicy oak	8	12
<b>MARK WEST PINOT NOIR</b>	black cherry, cola, strawberry, plum, and soft tannins	10	15

## ON TAP

### SIPPIN' PRETTY FRUITED SOUR - 7

acai, guava and elderberry | 4.5% ABV

### AVERY WHITE RASCAL - 7

Belgian-style white ale | 5.6% ABV

### UPSLOPE CRAFT LAGER - 7

premium american lager | 4.8% ABV

### ODELL 90 SHILLING - 7

medium bodied amber ale | 5.3% ABV

### ODELL IPA - 7

pale and vienna malts, 9 US hops | 7.0% ABV

### UPSLOPE HAZY IPA - 7

Hazy hoppy New England style IPA | 6.9% ABV

### COORS BANQUET - 6

crisp, clean and drinkable | 5% ABV

### COORS LIGHT - 6

4.2% ABV

### SEASONAL ROTATOR - 8

ask your server or bartender

## CAN/BOTTLE

### UPSLOPE SELTZER TANGERINE & HOPS - 8

5.0% ABV

### GREAT DIVIDE YETI IMPERIAL STOUT - 7

9.5% ABV

### BUDWEISER - 7

5.0% ABV

### BUD LIGHT - 7

4.2% ABV

### STELLA ARTOIS - 7

5.2% ABV

### CORONA - 7

4.6% ABV

### MICHELOB ULTRA - 7

4.2% ABV

## COCKTAILS

### PICKLED BLOODY MARY - 9 (SINGLE) | 13.5 (DOUBLE)

spring 44 vodka, bloody mix, pickled juice

### MOSCOW MULE - 9 (SINGLE) | 13.5 (DOUBLE)

spring 44 vodka, ginger beer, fresh lime juice

### DARK AND STORMY - 9 (SINGLE) | 13.5 (DOUBLE)

myers dark rum, ginger beer, fresh lime juice

### DIRTY GOOSE MARTINI - 15

grey goose vodka, olive juice

### RYE MANHATTAN - 15

bulliet rye, sweet vermouth, cherry